

Acceptance	Eloquence	Gratitude	Openness
Accountability	Emotional Regulation	Helpfulness	Patience
Ambition	Empathy	Honesty	Perseverance
Assertiveness	Enthusiasm	Honour	Problem Solving
Belonging	Ethical	Hope	Reaching Out
Bravery	Fairness	Humility	Realistic Optimism
Caring			Resoluteness
Commitment	Compassion	Kindness	Resourcefulness
Confidence			Restitution
Consideration			Reverence
	Resilience		Self-Efficacy
Contentment		Introspection	Service
Cooperation	Faith	Humour	Simplicity
Courtesy	Flexibility	Impulse Control	Sincerity
Creativity	Focus	Joyful	Spontaneity
Curiosity	Fortitude	Justice	Tact
Defiance	Friendliness	Knowledge	Tolerance
Dependability	Frugality	Language and Culture	Tranquility
Determination	Generosity	Magnanimity	Understanding
Discernment	Gentleness	Mercy	Wisdom
	Grace	Moderation	Wonder

